

Grass Roots



Vol.12, Issue 9, September 2011

ANNOUNCEMENTS

Project HOPE

(Help Our People Eat)

First Presbyterian Church

400 East Carroll, Macomb, IL

4PM-6PM

September 25, 2011

For a ride call 309-333-7747

The Crossing will now have a food pantry open the 3rd Saturday of every month!

Housing Authority Emergency

Maintenance number for

After hours, weekends &

holidays

309-313-1116



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MDH CONVENIENT CARE

MDH Convenient Care Clinic will provide medical care and treatment for uncomplicated minor illness, injury, and skin conditions for patients greater than 18 months. The Clinic will be located in the Macomb Hy-Vee. Convenient Care hours of operation are Monday through Friday: 9:00 a.m. to 7:00 p.m.; Saturday: 9:00 a.m. to 6:00 p.m.; and Sunday: 10:00 a.m. to 4:00 p.m. The purpose of the clinic is to treat minor illnesses; minor injuries; skin conditions; health screenings; physicals, vaccinations and simple labs and tests. For information on specific services, call 309-836-1700. Person's with full Medical Card and Medicare benefits may access services there. If you have questions about your coverage, please call the clinic. They will be happy to help you.

NEED LEGAL ASSISTANCE?

Illinois Legal Aid has a website that provides assistance with legal issues. Individual's simply type in their zip code and the issue you need information about. This is not an attorney/client relationship. The cite is providing information to people that may not need an attorney. For example, filing a small claims case, estate planning, guardianship of a child. Check it out.

<http://www.illinoislegalaid.org>

FRIENDLY REMINDERS

Moving out? If you are thinking about moving out of your apartment, keep in mind that you must turn in a Notice to Vacate. Residents must give 30 days notice. The 30 days does not begin until the Notice is turned in to the office. A Notice to Vacate is a firm commitment that you plan to move, so be certain of your decision. It is a good idea to get a pre-move out inspection a couple of weeks prior to vacating. The inspection will give you an opportunity to reduce move out charges and increase your security deposit refund.

VOLUNTEER NOW

Volunteer Now: Macomb Area Volunteer Center (MAVC) seeks to enhance the spirit and quality of community life by connecting people with opportunities to serve, building capacity for local volunteering, promoting volunteerism and participating in strategic initiatives.

Contact them at: Macomb City Hall
232 East Jackson
Macomb, IL 61455
309-836-3754

FITCH MANOR NEWS AND UPCOMING EVENTS

Citizens Bank is hosting a Seminar on Medicare Changes, Thursday, October 6, 2011 8:30 a.m. to Noon. Reservations required. 309-837-0643.

Resident council meetings are held the 3rd Thursday of the Month at Greenbrier Community Center at 3:00 p.m. All Fitch Residents are encouraged to attend and get involved. If there are ideas you have for Fitch Manor, contact Clydeena Hiatt. **Join us in the Garden every Monday @ 2:30 p.m.**

A FLU CLINIC will be offered at Fitch Manor, October 19, 1:00 to 2:30 p.m.

EISENHOWER TOWER UPCOMING EVENTS

Garden meetings are held every Monday at 6:30 p.m. at the Gardens. Join us! There is a new list for vegetables so please sign up.

September 19, 2011 @ 5:00 p.m. is the monthly potluck and resident meeting.

September 24, 2011 @ 7:00 p.m. is Bingo in the Community Room. Watch for other upcoming activities on the bulletin boards.

A FLU CLINIC will be offered at Fitch Manor October 12, 9:30 to 11:00 a.m.

Citizens Bank is hosting a Seminar on Medicare Changes, Thursday, October 6, 2011 8:30 a.m. to Noon. Reservations required. 309-837-0643.

PRAIRIEVIEW TOWN HOMES

Garden meetings are held every Monday at 5:30 p.m. at the Gardens. FAMILY FUN NIGHT will soon be starting again. We will advise you of upcoming events.

Citizens Bank is hosting a Seminar on Medicare Changes, Thursday, October 6, 2011 8:30 a.m. to Noon. Reservations required. 309-837-0643.

GREENBRIER TOWN HOMES

Be on the look out for programs being offered at the Community Center. We also welcome ideas from residents about events you would be interested in. Let the office know.

Citizens Bank is hosting a Seminar on Medicare Changes, Thursday, October 6, 2011 8:30 a.m. to Noon. Reservations required. 309-837-0643.

If you want to get involved in the community garden, it's not too late! **Join us in the Garden every Monday @ 3:30 p.m.**

GO DIRECT!**If you receive Social Security, SSI or SSDI you need to act now!**

The US Department of the Treasury has announced that all federal benefit and non-traditional payments will soon be paid electronically. By March 1, 2013, you will no longer be able to receive a paper check. People who apply for benefits on or after May 1, 2011 will not have the option of receiving a check for payments. **Recipients will be required to have a checking account or recipients may choose to get their benefits on a Direct Express Debit MasterCard.**

Please go to www.GoDirect.org or call 1-952-346-6055 for assistance.

NEW! The Warm Line: Peer and Family Support by Telephone

The Warm Line is a new opportunity in Illinois for persons with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. **The warm line is not a crisis hotline**, but is a source of support as you recover or help a family member to recover. If you or someone you know has a mental health emergency, take them to the Emergency Room or call 911.

- **Call: 1 (866) 359-7953** **TTY: 1 (866) 880-4459**
- Hours of Operation: Monday through Friday, 8am-5pm
- From the main menu, select option #2 for Consumers and Families
- Next, select option #5 for the Warm Line: Peer and Family Support by Phone.



Bill Jacobs presented Marilyn Kitch with a scholarship check she won from the Illinois Association Central Council of Housing Authorities. Marilyn currently attends Spoon River College.

Hello Community Gardeners! I just wanted to send out an introduction email to you all. My name is Erin Harper, and I will be taking over for Angeline this fall and spring. I have met many of you, and I am eager to meet more throughout my involvement and organizing of the Community Gardens. Please let me know your questions, comments, concerns, thoughts, and feelings. Thanks to Angeline, the gardens have grown not only with vegetation but with participation. I have some big shoes to fill, but Angeline has been a great help, and I look forward to meeting all of you.



The Macomb Bulldogs Softball team competed at Districts on July 30, 2011 and placed 4th. The team included De-Shawn Jones and Jeff Turner from Eisenhower Tower. Nice Work!

